



———— Sysco Connecticut's ————

2018 SPRING OPEN HOUSE

March 28, 2018 - 10AM to 5PM



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100 Inwood Road, Rocky Hill, CT 06067 www.syscoct.com

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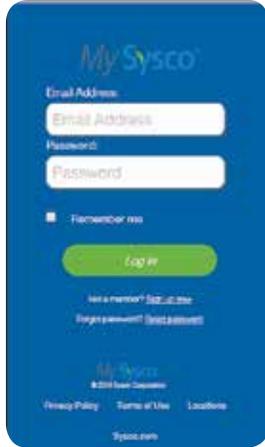
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Welcome

and thank you for attending our 2018 Spring Open House! We have designed this show for you, our valued customer. We are excited with this event as we have been listening to your feedback and we continue evolving our showcases to help our customers become more profitable. Hopefully you will notice that this show is like none other, as it is unique to our industry.

With the many changes in culinary trends we found it necessary to construct an interactive show for your benefit. We have focused our efforts not only on creating new ideas, but also highlighting trends while giving you a platform to implement these opportunities quickly to create something for everyone in our industry to experience. We've assembled over 100 vendor displays to bring you world-class cuisine using creative ideas and culinary flavors, as well as live action demonstrations throughout the show featuring some of our latest products.

Included in this Recipe/Profitability booklet are 99 exciting recipe ideas for your menu, each showcasing unique and profitable food trends, complete with profit analysis for each recipe. This year we've also included a new Italian Specialties section on pages 22 through 29; this new section features 18 unique Italian recipes and 10 creative pizza ideas to add to your menu.

As you tour the show, please review this booklet for your favorite recipe ideas. Many of the dishes in this booklet have also been prepared today by our Chefs and are available at our action stations throughout the show.

Your Friends at Sysco Connecticut



Thank you for joining us!



Prime Pub Steak & Eggs

Thin-sliced pub steak with two poached eggs and red pepper hollandaise with petite sweet potato homefries.

Ingredients:

- 1 ea Prime Pub\Ranch Chuck Shoulder Steak #4098527 Cabbhnp
- 2 ea Large Grade AA Egg #4767022 Whlfcls
- .5 oz Hollandaise Sauce Mix #2972083 Knorr
- 1 tb Roasted Red Peppers #3010669 Viaggio
- 5 oz Petite Diced Sweet Potato #4811085 Sys Imp

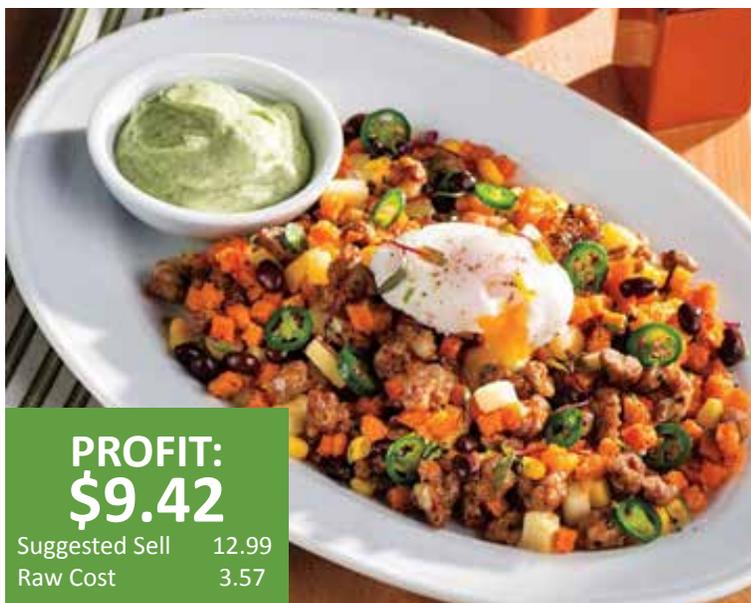
PROFIT:
\$11.66

Suggested Sell 16.99
Raw Cost 5.33

Southwest Sweet Potato Breakfast Hash

Ingredients:

- 4 oz Petite Diced Sweet Potato #4811085 Sys Imp
- 4 oz Shredded Carnitas Chicken #7079819 Hormel
- 1 cp Shredded Yellow Mild Cheddar Cheese #2819649 Casasol
- 1 cp Tomato Diced #4113684 Sys Imp
- 2 ea Fresh Hass Avocado Halves #6297594 Casasol
- 1 oz Jalapeno Pepper Slices #5882758 Casasol



PROFIT:
\$9.42

Suggested Sell 12.99
Raw Cost 3.57



Chicken "IN" Waffles

Grilled all-natural chicken breast dipped in waffle batter and griddled into a crisp Belgian waffle topped with two poached eggs and cinnamon-chipotle hollandaise.

Ingredients:

- 1 ea 6 oz Bonless/Skinless Chicken Breast #1534452 Coleman
- 4 oz Belgian Waffle Mix #4788626 GM
- 2 ea Jumbo Egg #4767162 Whlfcls
- 2 tb Hollandaise Sauce Mix #2972083 Knorr
- 1 ts Chipotle Cinnamon Seasoning Rub #8488150 Lawrys

PROFIT:
\$8.72

Suggested Sell 10.99
Raw Cost 2.27



Spinach, Quinoa & Bacon Breakfast Hash

Recipe serves 10.

Ingredients:

- 12 Large Eggs #4767022 Whlfcls
- 8 cp Red Quinoa Spinach Hash Brown Potatoes #4111249 Pathlif
- 2 cp Mild Cheddar Cheese Shredded Yellow #2819649 Casasol
- 12 oz Heavy Whipping Cream #4828802 Whlfcls
- 1 lb Bacon Ends & Pieces #3209653 Rnchgrl

PROFIT:
\$6.97

Suggested Sell 7.99
Raw Cost 1.02

Corn Bite Breakfast Skillet

Creamy corn and poblano bites over roasted root vegetable hash, topped with poached eggs, melted cheddar and hot sauce.

Ingredients:

- 4 oz Cowboy Corn Bite Appetizers #1961063 Apperts
- 2 ea Large Gr AA Eggs #2105781 Whlfcls
- 4 oz Roasted Sweet Potato and Root Vegetable Blend #3617531 Sys Sup
- 1 cp Shredded Yellow Mild Cheddar Cheese #2819649 Casasol
- 1 tb Hot Sauce #5728191 Sys Cls



PROFIT:
\$7.39

Suggested Sell 9.99
Raw Cost 2.60



Scrambled Egg & White Cheddar Naan Sandwich

Ingredients:

- 2 ea Round Caramelized Onion Naan Bread #5075977 Bkrsimp
- 2 ea Large Grade AA Eggs #4767022 Whlfcls
- 1 ea Sharp White Cheddar Cheese #0078018 Cabot
- 2 oz Fresh Sliced Tomato #6933147

PROFIT:
\$5.45

Suggested Sell 6.99
Raw Cost 1.54



Prosciutto-Wrapped Veal Meatballs Skewers

Served with a creamy mushroom glaze.

Ingredients:

6 ea 1oz Ground Veal Meatballs #6480273 Marcho
 1 oz Sliced Prosciutto Ham #5568583 Cittero
 1 oz Fresh Finely Diced Mushrooms #5105212 Montery
 3 oz Heavy Cream #6935464 Whlfcsl
 1 tb Grated Parmesan Cheese #4066845 Arezimp
 6 ea Bamboo Knot Sandwich Pick #2102038 Hangard

PROFIT:
\$8.44

Suggested Sell 11.99
 Raw Cost 3.55



Maple-Pepper Pork Belly

Maple and black pepper glaze, arugula, sweet drop peppers and apple balsamic.

Ingredients:

5 oz Skinless Pork Belly #2589075 Wtmrbls
 2 oz Barrel-Aged Bourbon Maple Syrup #3796970 Crwnmpl
 1 ts Cracked Black Pepper #5229299 Imp/Mcc
 1 oz Fresh Arugula Baby #7975374 B&W
 1 tb Sweet Drop Peppers #2424814 Swtydrp



PROFIT:
\$7.78

Suggested Sell 10.99
 Raw Cost 3.21



Chipotle Shrimp Dip

Creamy shrimp salad with sour cream, cilantro, adobo and fresh lime served with house fried tortillas.

Ingredients:

4 oz Peeled & Deveined Shrimp 41/50 #4934760 Prm Gld
 1 tb Cilantro Pesto Sauce #5089911 Minor
 2 oz Sour Cream #1203207 Whlfcsl
 .5 ea Fresh Lime #1061928
 1 tb Chipotle Pepper Adobo Sauce #5757091 Embassa
 4 ea 6in Yellow Corn Tortillas #2284101 Casasol

PROFIT:
\$8.32

Suggested Sell 10.99
 Raw Cost 2.67



Beef & Beet Carpaccio

Thin-sliced flat iron steak with red onion and smoked sea salt.

Ingredients:

- 1 ea Flat Iron Chuck Steak #5050911 Bhb/Npm
- 2 oz Peeled & Cooked Red Beets #4424729 Impfrsh
- 1 oz Fresh Red Onion #1094663 Impfrsh
- 1 ts Sea Salt #1012562 Maldon

PROFIT:
\$9.66

Suggested Sell 11.99
Raw Cost 2.33

SMALL PLATES

Tempura-Battered Shrimp

Battered shrimp with spicy plum sauce and Asian vegetable slaw.

Ingredients:

- 5 ea Tempura Breaded Shrimp Tail-On 21/25 #4227268 Slade
- 2 oz Sweet & Spicy Plum Sauce #7064207 Minor
- 2 oz Salad Mix Power Blend #3817901
- 1 oz Assorted Tri-Color Peppers #1121474
- 2 tb Asian Sesame Dressing #3630324 Marzetti



PROFIT:
\$7.37

Suggested Sell 10.99
Raw Cost 3.62

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Auto-Pay is like having a reliable accountant managing your payables.

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Pay your invoices with just three clicks.





PROFIT:
\$7.24

Suggested Sell	9.99
Raw Cost	2.75

Chili Verde Poutine

Spicy Wisconsin cheese curds over crispy fries with roasted corn, green chili and fresh cilantro chimichurri.

Ingredients:

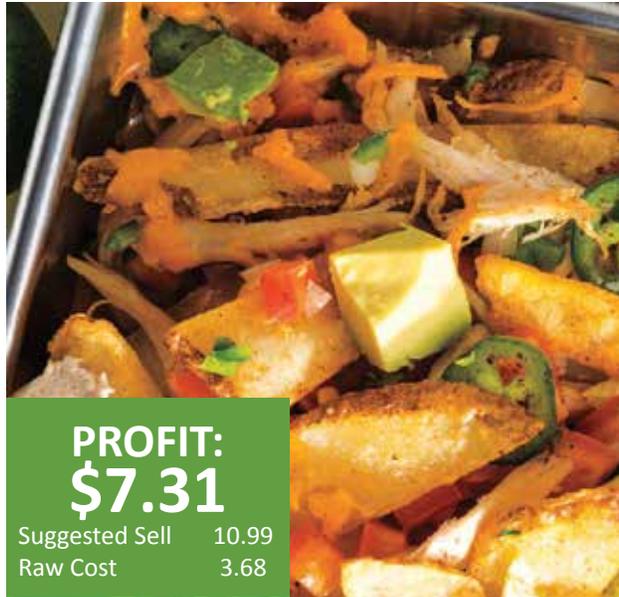
- 4 oz Breaded Spicy Cheddar Cheese Bites #2102491 Apperts
- 2 oz Roasted White Corn & Pepper Vegetable Blend #3617549 Sys Sup
- 1 oz Cilantro Pesto Sauce #5089911 Minor
- 4 oz 3/8 in Potato Fry Long Phantm #7108897 Sys Imp
- 1 tb Green Onion #7350788 Impfrsh
- 3 tb Diced Green Chili Pepper #5882717 Casasol

SMALL PLATES

Crispy Potato Flat Stacked Nachos

Ingredients:

- 12 oz Flat Crispy Potato Fries #5092053 Sys Imp
- 3 oz Smoked Pulled Chicken Meat #5841871 Austblu
- 4 oz Fresh Pico De Gallo Salsa #6530091
- 3 oz Aged Sharp Cheddar Cheese Sauce #0389371 Casasol
- 2 oz Fresh Original Blend Guacamole #9420530 Casasol
- 2 oz All Natural Sour Cream #1203207 Whlfcls
- 2 tb Fresh Jalapeno Pepper #1185156 Impfrsh



PROFIT:
\$7.31

Suggested Sell	10.99
Raw Cost	3.68



PROFIT:
\$11.29

Suggested Sell	17.99
Raw Cost	6.70

Jack & Coke Mini Hog Wings

Petite pork shank wings glazed with maple and bourbon over creamy polenta.

Ingredients:

- 3 ea 4 oz Pork-Ham Shank Pig Wings #7025678 Sys Cls
- 2 oz Instant Polenta #1895221 Tipiak
- 4 oz Chicken Broth #5568241 Sys Cls
- .5 ea Coke Diet Soda #4187357 Coca Cola
- 1 oz Bourbon
- 1 oz Organic Smoked Maple Syrup #7033539 Crwnmpl

Chickpea Pasta Salad

Ingredients:

4 oz Gluten-Free Chickpea Penne Pasta #4646533 Banza
2 oz 5-Way Grain Blend #4438911 Pathlif
2 oz Fresh Mixed Tomato Medley #3342965 Impfrsh
2 tb Green Onion #7350788 Impfrsh
2 oz Clipped Fresh Spinach #1675925 Impfrsh
2 oz Champagne Vinaigrette Dressing #2460057 Marzetti



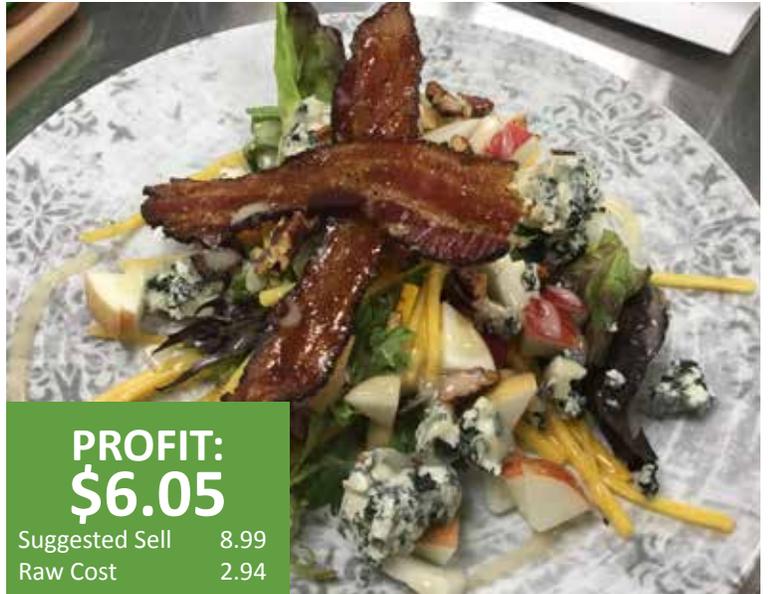
PROFIT:
\$5.67

Suggested Sell 7.99
Raw Cost 2.32

Candied Bacon & Blue Cheese Salad

Ingredients:

2 ea Layflat Maple Pepper Bacon #8514044 Hormel
2 tb Bourbon Maple Syrup #3796970 Crwnmpl
3 oz Peeled Butternut Squash #1313238
2 oz Blue Cheese #7420060 Bbrlimp
2 oz Red Delicious Apple #1099746
2 oz Fresh Arcadian Lettuce #1132040 Impfrsh
2 oz Champagne Vinaigrette Dressing #2460057 Marzetti



PROFIT:
\$6.05

Suggested Sell 8.99
Raw Cost 2.94



PROFIT:
\$5.39

Suggested Sell 6.99
Raw Cost 1.60

Kale & Bowtie Caesar Salad

Ingredients:

2 oz Farfalle Pasta #8843195 Barilla
4 oz Fresh Shredded Green Kale #1894387 Impfrsh
1 oz Seasoned Homestyle Croutons #7762329 Sys Cls
2 oz Tuscan Caesar Dressing #1200278 Sys Imp
2 tb Shaved Parmesan/Romano/Asiago Cheese #1067246 Cuc And

Fiesta Rice Bowl

Ingredients:

- 4 oz Korean BBQ Vegetable Blend Quinoa #4438956 Pathlif
- 1 tb Blended Olive Oil La Padella #3048935 Corto
- .5 ea Fresh Lime #7412570 Impfrsh
- 2 oz Sharp White Cheddar Cheese #2822312 Bbrlimp
- .5 ea Fresh Hass Avocado #6686679 Impfrsh
- .25 cp Roasted White Corn &Peppers Vegetable Blend #3617549 Sys Sup
- .25 cp Black Beans #5844220 Casasol
- 1 tb Red Onion #1094663 Impfrsh
- .25 cp Fresh Mixed Tomato Medley #3342965 Impfrsh

PROFIT:
\$6.93

Suggested Sell 8.99
Raw Cost 2.06

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SALADS

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PROFIT:
\$4.70

Suggested Sell 6.99
Raw Cost 2.29

Heirloom Tomato & Corn Salad

Ingredients:

5 oz Fresh Mixed Tomato Medley #3342965 Impfrsh
3 oz Fresh Sweet Corn on the Cob #1191873
2 tb Fresh Cilantro #2219095 Impfrsh
.25 ea Fresh Bibb Lettuce #3763065 Ct Grwn
2 tb Extra Virgin Olive Oil #0255941 Corto
1 tb Lime Juice #3865730 Sys Nat
2 tb Green Onion #7350788 Impfrsh

Moody Blue Green Bean Salad

Ingredients:

3 oz Moody Blue Cheese #7777630 Rothkas
5 oz Trimmed Fresh Bean Greens #1810910 Impfrsh
3 oz Fresh Grape Tomatoes #6017263 Impfrsh
2 oz Red Onion #8399925 Impfrsh
2 oz White Balsamic Dressing #7023666 Sys Imp



PROFIT:
\$5.68

Suggested Sell 8.99
Raw Cost 3.31

Plum, Tomato & Ricotta Plate

Ingredients:

4 oz Fresh Plum #1798438
3 oz Fresh Heirloom Tomato #8709000
3 oz Whole Milk Ricotta Cheese #1144833 Liuzzi
.5 oz Fresh Watercress #1008739
1 tb Balsamic Glaze #0651828 Arezzio



PROFIT:
\$5.36

Suggested Sell 6.99
Raw Cost 1.63

Apple & Bok Choy Salad



PROFIT:
\$5.36

Suggested Sell 6.99
Raw Cost 1.63

Ingredients:

- .5 ea Red Delicious Apple #2899116 Gresh
- 3 oz Fresh Bok Choy #3880440 Impfrsh
- 1 oz Organic Shredded Rainbow Carrot #3289446
- 1 oz Red Onion #2175339 Impfrsh
- 2 tb Sliced Almonds #4645412 Sys Cls
- 1.5 oz Asian Sesame Dressing #3630324 Marzetti

Watercress, Pear & Blue Cheese Salad

Ingredients:

- 3 oz Fresh Watercress #1008739
- .5 Fresh Anjou Pear #2882837
- 2 oz Blue Cheese #7420060 Bbrlimp
- 2 tb Pecan Haves #4645362 Sys Imp
- 1.5 oz Balsamic & Basil Dressing #7183973 Marzetti



PROFIT:
\$5.65

Suggested Sell 7.99
Raw Cost 2.34

SALADS



PROFIT:
\$11.50

Suggested Sell 15.99
Raw Cost 4.49

Thai Spiced Steak & Arugula Salad

Ingredients:

- 5 oz Steak Fajita Meat #0760205 Bhb/Npm
- 2 oz Sweet Thai Chili Sauce #0618579 Lee Kum
- 1 oz Sauce Chili Hot Sriracha #2451417 Kikmon
- 4 oz Arugula Baby Wild Frsh #7975374 B&W
- 1 oz Red Onion #8399925 Impfrsh
- 1 oz Mandarin Orange #3548393 Sys Imp



PROFIT:
\$5.02

Suggested Sell	7.99
Raw Cost	2.97

Kale & Pink Grapefruit Salad

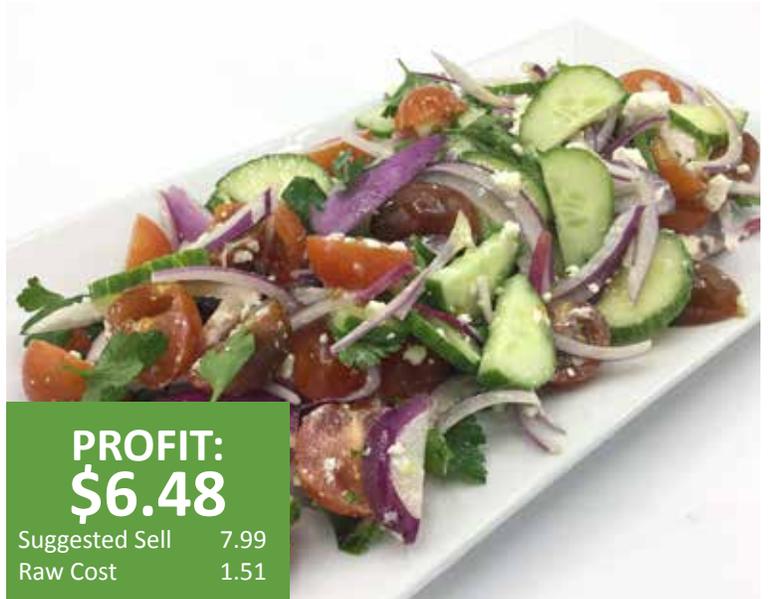
Ingredients:

- 3 oz Tuscan Baby Kale #2411027
- .5 ea Fresh Ruby Red Grapefruit #7410566 Impfrsh
- .5 ea Hass Avocado #3584773
- 2 oz Fresh English Cucumber #7006127
- 1.5 oz Champagne Vinaigrette Dressing #2460057 Marzetti

Mediterranean Tomato Salad

Ingredients:

- 4 oz Fresh Heirloom Big Red Tomato #8709000
- 2 oz English Cucumber #7006127
- 1 oz Kalamata Olives #5429766 Sys Imp
- 1 oz Feta Cheese #9768359 Sys Imp
- 1 oz Red Onion #2175339 Impfrsh
- 2 oz Lemon Vinaigrette Dressing #3895949 Marzetti



PROFIT:
\$6.48

Suggested Sell	7.99
Raw Cost	1.51



PROFIT:
\$7.26

Suggested Sell	10.99
Raw Cost	3.73

Blueberry Power Green Salad

Ingredients:

- 4 oz Shredded Fresh Green Kale #1894387 Impfrsh
- 3 oz Fresh Cucumber #7006127 Impfrsh
- 2 oz Fresh Blueberries #1254390 Impfrsh
- 2 tb Shelled Sunflower Kernels #4888335 Sycs Cls
- 1 oz Red Onion #8399925 Impfrsh
- 2 oz Balsamic Vinaigrette Dressing #1987375 Marzetti
- 2 oz Specialty Quinoa #2263432 Lvofare



PROFIT:
\$5.76

Suggested Sell 6.99
Raw Cost 1.23

Sweet Potato, Beet & Bacon Salad

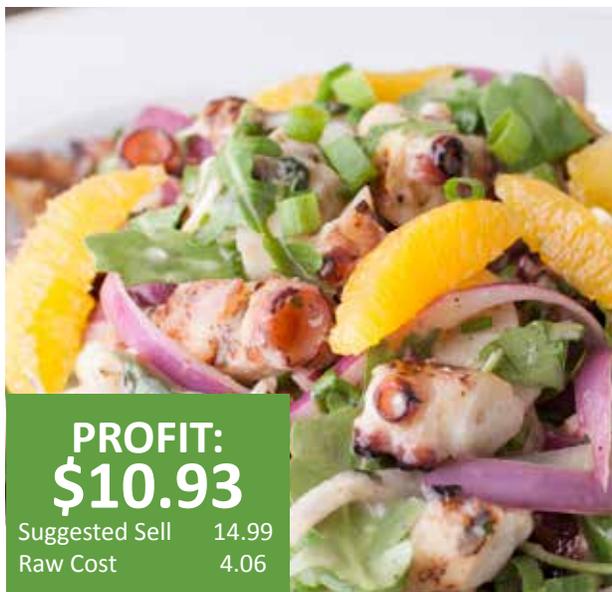
Ingredients:

- 3 oz Peeled & Cooked Red Beets #4424729 Impfrsh
- 3 oz Sweet Potato #7152564 Relfrsh
- 2 oz Bacon Ends & Pieces #3209653 Rnchgrl
- 2 oz Israeli Couscous #1067180 Roland
- 1 oz Blood Organge Shallot Vianigrette Dressing #4626562 Sys Imp

Char-Grilled Octopus Salad

Ingredients:

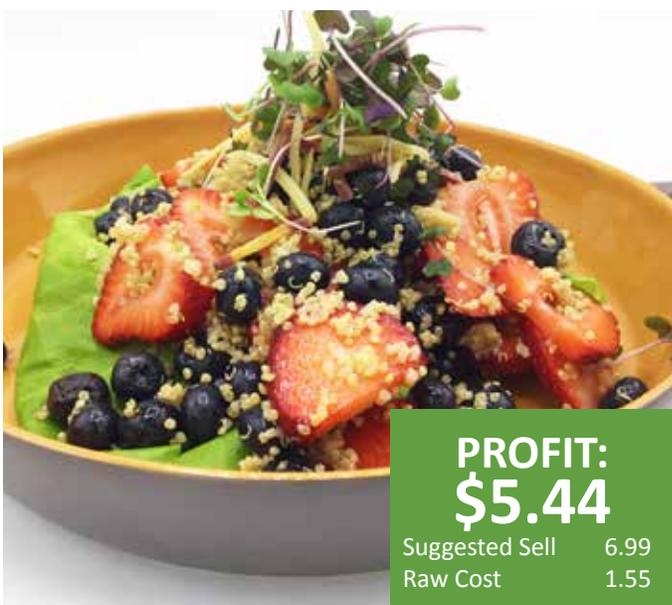
- 8 oz Octopus #7704196 Pesfasa
- 2 oz Onion Red #1094663 Impfrsh
- 1/2 oz Green Onion #7350788 Sys Nat
- 2 oz Mandarin Orange Sections #3548385 Intlcls
- 2 oz Southwest Spicy Cabbage Slaw #1276814 Impfrsh
- 2 oz Champagne Vinaigrette Dressing #2460057 Marzeti
- 1 ea Fresh Orange #7651959 Impfrsh



PROFIT:
\$10.93

Suggested Sell 14.99
Raw Cost 4.06

SALADS



PROFIT:
\$5.44

Suggested Sell 6.99
Raw Cost 1.55

Wild Berry & Quinoa Salad

Ingredients:

- 2 oz Fresh Strawberries #6235501
- 2 oz Fresh Blueberries #1254390
- 1 oz Fresh Blackberries #1007871
- 1 oz Fully Cooked White Quinoa #4715748 Vilharv
- 1 oz Fully Cooked Red Quinoa #4715773 Vilharv
- 1 tb Fresh Mint #2037125 Impfrsh
- 1 oz White Zinfandel Balsamic Dressing #7023666 Sys Imp



Dirty Steak Sandwich

Petite chateau with roasted garlic and peppercorn rub with caramelized onion and mushrooms served on gruyere toast with Worcestershire aioli.

Ingredients:

- 1 ea Petit Chateau Steak Filet #0206278 Bhb/Npm
- 1 tb Garlic Peppercorn Seasoning Rub #1300708 Chrcrst
- 2 oz Slivered Yellow Onion #4160784 Impfrsh
- 1 oz Sliced Fresh Mushroom #9228735 Impfrsh
- 1 oz Gruyere Cheese #2393056 Bbrlimp
- .33 ea Rustic French Bread Batard #1902065 Trioeven
- 1 ts Sauce Worcestershire #4367512 Lea&Per
- 2 oz Mayonnaise #5992474 Sys Sup

PROFIT:
\$11.93

Suggested Sell 14.99
Raw Cost 3.06

Lobster Melt

Creamy lobster salad with citrus mayo, Havarti cheese and fresh tarragon on warm caramelized onion Naan.

Ingredients:

- 4 oz Lobster Meat #5054467 Portimp
- 2 oz Mayonnaise #5992474 Sys Sup
- 1 tb Fresh Tarragon #2004968 Impfrsh
- 2 ea Round Caramelized Onion Naan Bread #5075977 Bkrsimp
- 2 oz Havarti Cheese #2393015 Bbrlimp



PROFIT:
\$14.63

Suggested Sell 21.99
Raw Cost 7.36

Tuna Sliders

Seared Nori-dusted ahi tuna with cucumber and wakami salad, ancho-dusted ahi tuna with tomato, avocado and cilantro-lime pesto.

Ingredients:

- 6 oz Mini Tuna Loin #1006283
- 2 oz Wakami Seaweed Salad #5131131
- .5 ea Nori Toasted Seaweed Sheets #4451456 Sushchf
- 1 oz English Fresh Cucumber #7006127
- 1 ts Light Chili Powder #5228564 Imp/Mcc
- 2 tb Fresh Hass Avocado Chunks #8337503 Casasol
- 1 oz Fresh Diced Tomato #1371012
- 2 tb Roasted White Corn & Pepper Vegetable Blend #3617549 Sys Sup
- 4 ea Dinner Bread Rolls #1068580 Tradbrd

PROFIT:
\$10.48

Suggested Sell 12.99
Raw Cost 3.51

Korean Shrimp & Sweet Potato Naan Bread Tacos

Crispy cabbage and radish with seasoned potato flats.

Ingredients:

- 3 ea Caramelized Onion Round Naan Bread #5075977 Bkrsimp
- 2 oz Petite Diced Sweet Potato #4811085 Sys Imp
- 6 ea Wild USA White Shrimp 21/30 #4934554 Prm Gld
- 1 tb Extra Virgin Olive Oil #4477941 Arezzio
- 2 tb Hot Sriracha Wing Glaze #3369455 Swtbaby
- 1 oz Finely Shredded Green Cabbage #1276814 Impfrsh



PROFIT:
\$9.60

Suggested Sell 12.99
Raw Cost 3.39

Caprese BLT on Caramelized Onion Naan

Fresh tomato, baby arugula and zucchini on caramelized onion naan with basil pesto.

Ingredients:

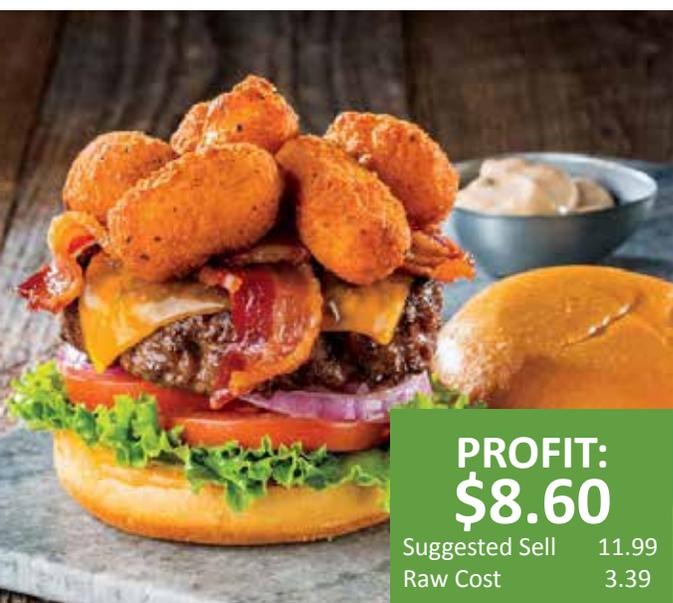
- 2 ea Round Caramelized Onion Naan Bread #5075977 Bkrsimp
- 1 tb Basil Pesto Sauce #2477958 Arezzio
- 2 oz Fresh Beef Steak Tomato #5343975
- 2 oz Fresh Zucchini Squash #1268960 Impfrsh
- 1 oz Wild Fresh Baby Arugula #7975374 B&W



PROFIT:
\$5.42

Suggested Sell 6.99
Raw Cost 1.57

SANDWICHES



Spicy Wisconsin Cheese Curd Burger

Ingredients:

- 2 oz Breaded Spicy Cheddar Cheese Bites #2102491 Apperts
- 1 ea Better Burger Leaf Lettuce #4966123 Impfrsh
- 1 ea 6 in Brioche Roll #0626618 Firekg
- 1 oz Fresh Beef Steak Tomato #5343975
- 2 ea Precooked Bacon #2836975 Hormel
- .5 oz Fresh Red Onion #1094663 Impfrsh
- 1 ea Borough Burger Beef Patty #4634477 CAB

PROFIT:
\$8.60

Suggested Sell 11.99
Raw Cost 3.39



Coleman Chicken Club

Grilled all natural chicken breast with bibb lettuce, vine ripe tomato, sharp cheddar cheese, pepper bacon and avocado on a fresh-baked croissant.

Ingredients:

- 1 ea 6 oz Boneless/Skinless Chicken Breast #1534452 Coleman
- 1 ea Butter Croissant #5751151 Bkrsimp
- .25 ea Fresh Bibb Lettuce #3763065 Ct Grwn
- 2 ea Sliced Fresh Tomato #6933147
- 1 oz Sharp Cheddar Cheese #3002017 Bbrlimp
- 2 ea Precooked Bacon #2836980 Hormel
- .5 ea Fresh Halved Hass Avocado #6297594 Casasol

PROFIT:
\$8.63

Suggested Sell 12.99
Raw Cost 4.36

New!

GRASS FED BEEF PATTIES



FIRE RIVER
FARMS

DELICIOUS!



Expand your burger options and satisfy a growing consumer demand for sustainable and naturally-raised beef with our new Fire River Farms Imperial Natural Grass Fed Beef Patties. These exclusive beef patties are made from livestock that is grass fed and free of antibiotics and added growth hormones.

Features and Benefits

- 100% Grass fed; 100% Grass finished
- All natural, raised without antibiotics; no hormones added
- Lean, finely textured beef (LFTB) is NOT used
- Patties are individually quick frozen (IQF) which seals in flavor and extends shelf life to 180+ days, allowing you to better manage food costs and greatly reduce costly waste and better manage inventory
- Grass fed claim can command a premium from consumers looking for products with a better perceived health halo

Grass-fed Ground Beef Patty ABF
#4931803 30 / 5.3 oz

Salsa Verde Pizza



PROFIT:
\$8.06

Suggested Sell	11.99
Raw Cost	3.93

Ingredients:

- 1 ea Sheeted Pizza Dough 7in #2181980 Rich's
- 2 oz Tomatillo Salsa #6071439
- 1 oz Red Onion #2175339 Impfrsh
- 3 ea Precooked Bacon #2836980 Hormel
- 4 oz Cotija Cheese #2370153 Casasol
- 1 tb Fresh Cilantro #1679950
- 4 oz Cream Cheese #1012566 Whlfimp



California Cobb Pita

Sliced turkey with prosciutto, mixed vegetables, watercress, blue cheese, avocado and ranch dressing tucked into a pita pocket.

Ingredients:

- 1 ea Chicken Breast Filet 5oz #2762554 Coleman
- .5 oz Prosciutto Ham #7014656 Ildolce
- 1 ea Pita Bread #9669300 Mzk Cls
- 1 Hardboiled Egg #6652214 Whlfrm
- .5 oz Fresh Alfalfa Sprouts #1915313
- 1 oz Diced Fresh Tomato #1371012
- .5 oz Fresh Watercress #1008739
- 2 tb Blue Cheese Crumbles #0671677 Sys Imp
- .5 ea Fresh Hass Avocado 6297594 Casasol
- 2 tb Buttermilk Banquet Ranch Dressing #1344033 Sys Cls
- 1 ts Lime Juice #3865730 Sys Nat



PROFIT:
\$8.55

Suggested Sell	10.99
Raw Cost	2.44

SANDWICHES



PROFIT:
\$10.21

Suggested Sell	14.99
Raw Cost	4.78



Grass-Fed Brisket Burger

Fire River Farms burger with pulled BBQ brisket and cole slaw on thick Texas toast.

Ingredients:

- 1 ea Grass Fed Beef Patty #4931828 Frfinat
- 2 ea 3/4" Sliced Yellow Texas Toast Bread #2459414 Sys Cls
- 2 oz Smoked Beef Brisket #0947267 CAB
- 2 tb Original BBQ Sauce #4602732 Sys Imp
- 2 oz Creamy All Natural Coleslaw Salad #1965229 Bstnsld
- 2 ea Fresh Sliced Tomato #6933147



Beer-Battered Haddock Sandwich

Topped with chile-apple slaw and ancho-sriracha mayo.

Ingredients:

6 oz Skinless/Boneless Haddock Filet #6134399
 2 oz All-Purpose Crispy Fry Batter Mix #6603377 Goldipt
 .33 ea Fresh Granny Smith Apple #2898940
 1 ts Light Chili Powder #5228564 Imp/Mcc
 1 ts Sriracha Chili Sauce #7997208 Huyfong
 2 tb Mayonnaise #5992474 Sys Sup
 1 ea Stirato Sandwich Roll #1902632 Trioven

PROFIT:
\$9.50

Suggested Sell 12.99
 Raw Cost 3.49

Grilled Mahi Mahi Enchilada

Grilled mahi mahi wrapped in flour tortillas with re-fried white beans, pico de gallo, chimmichurri and fresh lime.

Ingredients:

6 oz Skinless/Boneless Mahi Mahi Filet #4720801
 3 ea Pressed 6in Flour Tortillas #2272575 Casasol
 4 oz Northern Great Beans #4062360 Sys Cls
 1 ts Ground Cumin #5228713 Imp/Mcc
 3 oz Fresh Pico De Gallo Salsa #6530091
 1 oz Cilantro Pesto Sauce #5089911 Minor
 .5 ea Fresh Lime #1061928



PROFIT:
\$10.20

Suggested Sell 15.99
 Raw Cost 5.79



Swordfish Torta

Grilled swordfish steak topped with vine-ripe tomato, capers, baby greens and fresh basil aioli on a toasted telera roll.

Ingredients:

5 oz Swordfish Steak #1809864
 2 oz Fresh Heirloom Tomato #1221191
 1 tb Imported Nonpareil Capers #5535687 Intlmp
 1 oz Fresh Arcadian Harvest Classic Lettuce #1132040 Impfrsh
 1 tb Fresh Basil #4509717 Impfrsh
 1 oz Mayonnaise #5992474 Sys Sup
 1 ea Sliced Telera Sandwich Roll #0187668 La Brea

PROFIT:
\$9.48

Suggested Sell 12.99
 Raw Cost 3.51



Rosemary, Ham, Asiago & Fig Naan

Ingredients:

- 2 ea Round Caramelized Onion Naan Bread #5075977 Bkrsimp
- 3 oz Natural Roasted Ham with Rosemary #1846787 Cittero
- 1 oz Shaved Parmesan/Romano/Asiago Cheese #1067246 Cuc And
- 2 tb Fig Fruit Jam #3239136 Comprov

PROFIT:
\$4.94

Suggested Sell 6.99
Raw Cost 2.05



FROM LOCAL TO GLOBAL WE MAKE A DIFFERENCE

Good things
come from
Sysco

Corporate Social Responsibility

We have identified three aspects of our business where the potential impact is greatest and the best opportunities exist to improve sustainability within our company.

PEOPLE

We are committed to the well-being of the communities where we live and work.

Since **2002**

Sysco has been a Share Our Strength No Kid Hungry National Partner. 13 million kids in the United States struggle with hunger. Share Our Strength works where kids live, learn and play to make sure they get fed.



An Additional **\$2.5 million**

Dollars added to Sysco's annual charitable donations in the first year of our Nourishing Neighbors program. At least 75 percent of donations and volunteerism are dedicated to getting nutritious food where it's needed.



SAFETY IN NUMBERS 9,200 driver qualification files monitored to ensure DOT (Department of Transportation) regulation compliance

PRODUCTS

We are dedicated to providing products that meet the highest standards for safety, quality, environmental stewardship and social responsibility.



Sustainable Seafood **100%**

Top 15 species of wild caught seafood sourced from Marine Stewardship Council (MSC) certified fisheries by 2020

1,700

Food Safety on-site audits and plant or field locations completed

6.5 million

Pounds of pesticide avoided in the 2016 growing season by using integrated pest management (IPM) principles



PLANET

We use proven technologies to continuously improve resource efficiency across our distribution system of warehouses, refrigeration and modes of transportation.

200

Million - Total avoided energy costs in our warehouse & distribution centers since program implementation in 2006



Intermodal Shipping

1,600

rail boxcars were moved within our distribution network in FY2016.

Recycling

Through the end of June 2016, since inception of the program, we recycled nearly 19,000 tons of waste, saving approximately:

317,146 trees;

129 million gallons of water;

8.6 million gallons of oil;

10.9 million lbs. of air pollutants;

Our commitments extend from the source to the plate. As the globalization of our world's food systems increases, social responsibility becomes even more critical to becoming our customers most valued and trusted business partner.

TO LEARN MORE, VISIT RESPONSIBILITY.SYSCO.COM.



SOURCE: FY 16 Results and CY 16 Growing Season

Sysco Connecticut's Commitment to Food Recovery and Hunger Relief

By the numbers

\$64,000+

Over \$64,000 of excess inventory has been distributed within our community

50,000+
Meals Donated to Charity

50,000+ meals have been donated to our local hunger relief partners in Connecticut and Massachusetts

75,000+
Pounds Recovered

Over 75,000 pounds of food has been diverted from landfills

	POUNDS	PERCENTAGE
 Canned	25,423	67%
 Produce	5,800	15%
 Dairy	2,426	6%
 Frozen	2,167	6%
 Other	2,133	6%



Sysco Connecticut has pledged to continue our distribution of excess inventory to those in need. Starting in 2018, we expect to increase the percentage of fresh produce to be more than half of the food donations we provide to hunger relief organizations, helping to fight hunger and promote health and nutrition in our communities.

For more information on Sysco community impact, visit www.sustainability.sysco.com

Food recovery figures for Sysco Connecticut have been provided by Spoiler Alert

Our Community Partners

Sysco Connecticut has had a remarkable impact on its community through its relationships with many local nonprofit organizations.

Our charity events throughout Connecticut and Western Massachusetts have donated over 22,600 meals and our Sysco associates have volunteered their time to these organizations. The recipients of these events have included Bread for Life in Southington, South Congregational Church of Springfield, South Park Inn Shelter in Hartford, The New London Community Meal Center, The Open Door Shelter in Norwalk and MACC Charities in Manchester.



The Nourishing Neighbors Program

Sysco is committed to doing something about hunger in America. Our goal is to be a champion for organizations that work to eliminate hunger and make healthy food available where it's needed.

When it comes to giving back in our communities, it just makes sense for Sysco to focus on food and make it our charitable priority. Providing healthy and nutritious food to children, families and seniors in underserved areas is our primary focus. We will direct at least 75% of community donations and volunteerism toward hunger relief initiatives.



DELIVERING GOOD THINGS
TO OUR COMMUNITIES

In Cucina con...



From essential Italian and pizza staples to innovative ingredients, Sysco offers everything you need



Chicken Stracciatella

Breaded chicken over marinara and pennette pasta, topped with Stracciatella.

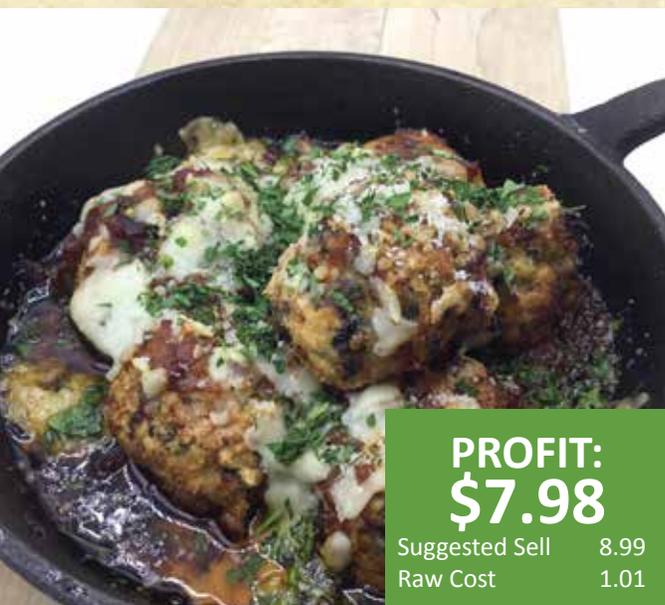
Ingredients:

- 2 ea 6 oz Boneless/Skinless Chicken Breasts #1534452 Coleman
- 3 oz Pennette Pasta #4730182 Viaggio
- 3 oz Fresh Stracciatella Mozzarella Cheese #2193532 LiuZZi
- 2 tb Basil Pesto #5975008 Arezzio
- 5 oz Premium Marinara Sauce #4730424 Arezcls
- .25 cp Fine Panko Bread Crumb #5495478 Sys Cls



PROFIT:
\$12.40

Suggested Sell	16.99
Raw Cost	4.59



Chicken & Mushroom Meatballs

With roasted tomato marinara and shaved asiago cheese.

Ingredients:

- 6 oz Ground Chicken Thigh Meat #1696360 Longini
- 2 oz Fresh Finely Diced Mushrooms #5105212 Monterey
- 1 ea Large Egg #4767022 Whlfcls
- 1 tb Grated Fresh Parmesan Cheese #4066845 Arezimp
- 1 oz Italian Bread Crumbs #4313235 Progrso
- 3 oz Premium Marinara Sauce #4730424 Arezcls

PROFIT:
\$7.98

Suggested Sell	8.99
Raw Cost	1.01



Chicken & Sausage Escarole

Longini chicken sausage with wilted escarole with Italian beans, Lavalle cherry tomatoes and kale pesto infused fresh ricotta cheese.

Ingredients:

- 5 oz Italian Chicken Rope Sausage #0869986 Longini
- 5 oz Fresh Escarole #5579107 Impfrsh
- 3 oz Cannellini Beans #3412681 Hanover
- 3 oz Italian Cherry Tomatoes #4842980 Lavalle
- 3 oz Whole Milk Ricotta Cheese #1144833 Liuzzi
- 1 tb Kale Pesto Sauce #4711598 Carlas

PROFIT:
\$11.02

Suggested Sell 13.99
Raw Cost 2.97



Antipasto Panini

Artichokes, roasted peppers, tomato, red onion, ham and provolone on pressed Italian crust.

Ingredients:

- 1 ea Parbaked Pizza Crust #1448768 Itlcrst
- 1 ea Whole Long Stem Artichoke #3291111 Viaggio
- 2 oz Roasted Red Pepper #3010669 Viaggio
- .25 ea Fresh Beef Steak Tomato #5343975
- 1 oz Fresh Red Onion #2175339 Impfrsh
- 2 oz Applewood Ultimate Carving Ham #3165051 Bbrlmp
- 2 oz Cheese Provolone #2389260 Arezimp



PROFIT:
\$8.54

Suggested Sell 11.99
Raw Cost 3.45



Shrimp & Artichoke Pennette

Served in a parmesan wheel with crispy pancetta and green peas.

Ingredients:

- 5 ea White Shrimp 16/20 #4934547 Prm Gld
- 3 oz Artichoke Heart Quarters #4093373 Intlmp
- 1 oz Green Peas #1699057 Sys Imp
- 3 oz Pennette Pasta #4730182 Viaggio
- 2 oz 1/4" Diced Italian Pancetta #2567519 Arezzio
- 4 oz Heavy Cream #6935464 Whlfcls
- 2 tb Fresh Grated Parmesan Cheese #4066845 Arezimp

PROFIT:
\$14.50

Suggested Sell 18.99
Raw Cost 4.49

Italian Specialties



Crispy Longstem Artichokes

Served with lemon dill aioli.

Ingredients:

- 2 ea Whole Long Stem Artichokes #3291111 Viaggio
- 1 tb Grated Fresh Parmesan Cheese #4066845 Arezimp
- 1 cp Japanese Panko Bread Crumb #5495460 Sys Cls
- 2 oz Real Mayonnaise #5992474 Sys Sup
- 1 tb Lemon Juice #3865649 Sys Nat
- 1 ts Fresh Baby Dill #2005148 Impfrsh

PROFIT:
\$7.50

Suggested Sell 9.99
Raw Cost 2.49

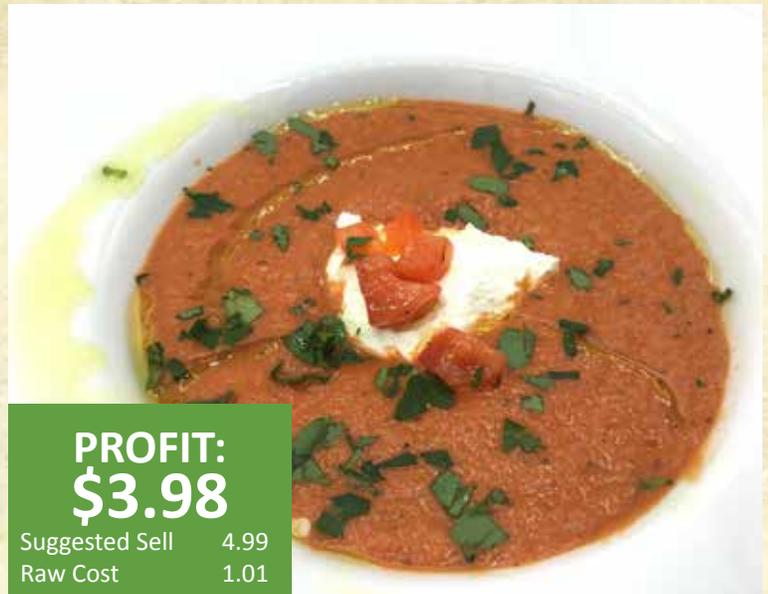


Roasted Tomato & Pepper Bisque

With creamy local ricotta and extra virgin olive oil drizzle.

Ingredients:

- 5 oz San Marzano Plum Tomato #3439546 Viaggio
- 2 oz Roasted Red Peppers #3010669 Viaggio
- 1 oz Diced Yellow Onion #5905013 Impfrsh
- 1 tb Chopped Garlic #7127293 Arezzio
- 2 tb Fresh Basil #4509717 Impfrsh
- 3 oz Whole Milk Ricotta Cheese #1144833 Liuzzi



PROFIT:
\$3.98

Suggested Sell 4.99
Raw Cost 1.01



Baked Pizza Mac & Cheese

Italian four cheese blend and San Marzano tomato tossed with trottolo pasta and baked on a crispy pizza shell. Recipe serves 12.

Ingredients:

- 2 lb Pasta Trottolo #0637191 Labella
- 1 ea 12x16 Sheeted Dough Pizza #2222545 Rich's
- 16 oz Italian Plum Tomato #3011770 Viaggio
- .5 qt Heavy Cream #6935464 Whlfcls
- 3 cp Shredded White Pizza Cheese #1101815 Arezimp
- 1 cp Fresh Basil #4509717 Impfrsh

PROFIT:
\$7.25

Suggested Sell 7.99
Raw Cost .74



Fig, Prosciutto & Sharp Provolone Flatbread

With white balsamic drizzle and fresh chopped basil.

Ingredients:

- 1 ea Parbaked Oval Pizza Crust #1448768 Itlcrst
- 2 oz Prosciutto Ham #7014656 Ildolce
- 2 oz Red Fig Fruit Spread #7017971 Comprov
- 4 oz Provolone Cheese #2389260 Arezimp
- 1 tb Fresh Basil #2004547 Impfrsh
- 1 tb Balsamic Glaze #0651828 Arezzio
- 2 oz Slivered Onion #4160784 Impfrsh

PROFIT:
\$9.23

Suggested Sell 12.99
Raw Cost 3.76



Fresh Mozzarella & Wild Mushroom Pesto Bruschetta

A blend of exotic wild mushrooms over Italian crostini with fresh melted mozzarella and shaved Italian cheeses.

Ingredients:

- .25 Rustic French Bread Batard #1902065 Trioven
- 4 ea Log Fresh Sliced Mozzarella Cheese #5722028 Belgioso
- 3 tb Wild Mushroom Pesto Sauce #8399487 Arezzio
- 1 tb Cheese Parmesan/Romano/Asiago #1067246 Cuc And



PROFIT:
\$6.21

Suggested Sell 7.99
Raw Cost 1.78



Burratina and Fried Green Tomatoes

With arugula, olive oil and apple balsamic vinegar.

Ingredients:

- 6 oz Fresh Green Tomato #6920128
- 1 ea Mozzarella Cheese Burratina 2oz #4586287 Liuzzi
- 1 tb Basil Pesto Sauce #2477958 Arezzio
- 1 tb Balsamic Apple Vinegar #3186552 Tuono
- 2 oz Fresh Heavy Cream #8428802 Whlfrm
- 1 ea Large Usda AA Egg #2105781 Whlfrm
- 1 oz Japanese Fine Panko Bread Crumb #5495478 Sys Cls
- 1 oz Yellow Corn Meal #2886679 Auntjem

PROFIT:
\$7.97

Suggested Sell 10.99
Raw Cost 3.02

Italian Specialties



Roasted Vegetable Panzanella



PROFIT:
\$7.06

Suggested Sell 8.99
Raw Cost 1.93

With shaved parmesan.

Ingredients:

- 3 oz Fresh Romaine Hearts #2416691 Syfpnat
- .25 ea Rustic French Bread Batard #1902065 Trioven
- 2 oz Fresh Heirloom Tomato #1221191
- 1 oz Fresh Yellow Squash #1654409
- 1 oz Fresh Zucchini Squash #1602556
- 1 oz Fresh Asparagus #4418752
- 2 oz White Zinfandel Balsamic Dressing #7023666 Sys Imp
- 1 oz Shaved Parmesan/Romano/Asiago Cheese #1067246 Cuc And

Riserva Super Premium Mozzarella Cheese



- Authentic Mozzarella Cheese
- Sysco's exclusive comes in loaves, shreds and blends.
- 100% manufactured in California to ensure consistency
- Superior re-heat performance
- Natural – no anti-caking in the shreds
- Milky-Buttery tantalizing taste

Pack Size	Description	SUPC#
8/6#	Whole Milk Mozzarella Loaf	2856179
6/5#	Whole Milk Mozzarella Feather Shred	2856108
6/5#	50% WM & 50% PS Mozzarella Shred	2856092

Sysco Mozzarella & Pizza Cheese Brand Portfolio

Super Premium - Riserva

- California-made mozzarella, superior performance for our more demanding operators.

Premium – Arrezzo Imperial WI

- Wisconsin-made premium mozzarella with excellent stretch and rich dairy flavor.

Traditional – Arrezzo Imperial

- High quality mozzarella, delivers great taste and consistent performance.

Pizza Cheese – Arrezzo Classic

- Outside of CFR regulations for true “Standard of Identity” mozzarella.
- Non-SOI Pizza cheese brings great performance at a value to our customers.



Roasted Eggplant Pappardella

Roasted eggplant, tomato, capers and basil over pappardella with shaved asiago cheese.

Ingredients:

- 3 oz Pappardelle Pasta #3304193Dececco
- 3 oz Fresh Eggplant #4294294
- 3 oz Italian Cherry Tomato #4842980 Lavallo
- 1 tb Nonpareil Capers Imported #5535687 Intlmp
- 1 tb Fresh Basil #4509717 Impfrsh
- 1 oz Shaved Parmesan/Romano/Asiago #1067246 Cuc And

PROFIT:
\$12.62

Suggested Sell 13.99
Raw Cost 1.37



Sweet Sausage & Cherry Pepper Panini

Sweet Italian sausage and cherry pepper relish, broccoli rabe and shaved Italian blend cheese on toasted batard.

Ingredients:

- 4 oz Mild Italian Sausage Rope #2434231 Arezzio
- 2 tb Relish Pepper Cherry Hot #0977654 Bbrlcls
- 3 oz Fresh Rapini Broccoli Rabe #9223421 Andyboy
- 1 oz Shaved Parmesan Cheese #4067023 Arezimp
- .33 ea Rustic French Bread Batard #1902065 Triovent
- 4 oz Crispy Flat Potato Fries #5092053 Sys Imp



PROFIT:
\$6.63

Suggested Sell 8.99
Raw Cost 2.36



Sausage & Hot Pepper Panini

Hot Italian sausage, Cubanelle peppers and onion on toasted batard with Stracciatella.

Ingredients:

- 4 oz Mild Italian Sausage #2434231 Arezzio
- 3 oz Fresh Cubanelle Pepper #1167618
- 2 oz Fresh Stracciatella Mozzarella Cheese #2193532 Liuzzi
- .33 ea Rustic French Bread Batard #1902065 Triovent
- 1 oz Fresh Red Onion #2175339 Impfrsh
- 4 oz Crispy Flat Potato Fries #5092053 Sys Imp

PROFIT:
\$6.89

Suggested Sell 9.99
Raw Cost 3.10



Italian Specialties



Six Cheese Gocce "Ai Funghi" with Mushroom Cream Sauce

Ingredients:

- 5 oz Six Cheese Parsley Gocce Pasta #4675054 Arezzio
- .5 cp Wild Mushroom Pesto Sauce #8399487 Arezzio
- .5 cp Heavy Cream #2042527 Farmcow
- .5 cp Shredded Parmesan Cheese #1829807 Gr Lake
- .5 cp Extra Virgin Olive Oil #0255941 Corto
- 1 tb Coarse Kosher Salt Flakes #6040760 Sys Cls
- 1 ts Ground Black Pepper #5661467 Imp/Mcc
- 1 ts Fresh Italian Parsley #2058972 Impfrsh

PROFIT:
\$8.86

Suggested Sell 12.99
Raw Cost 4.13



Beet & Goat Cheese Gocce

Beet and goat cheese gocce with kale pesto and pecorino romano cheese.

Ingredients:

- 2 oz Beet & Goat Cheese Gocce Pasta #4675078 Arezzio
- .5 cp Kale Pesto Sauce #4711598 Carlas
- .5 oz Fresh Wild Baby Arugula #7975374 B&W
- 1 ts Italia Mia Grated Romano Cheese #0854925 Liuzzi
- 1 tb Unsalted Butter #5926910 Whlfimp
- .5 ts Coarse Ground Black Pepper #5229281 Imp/Mcc



PROFIT:
\$6.30

Suggested Sell 7.99
Raw Cost 1.69



Lobster Gocce in Brodo

Lobster-filled gocce pasta with fresh vegetables and chunks of lobster in a rich broth.

Ingredients:

- 4 oz Lobster Gocce Pasta #4675067 Arezzio
- 1 oz Lobster Soup Base #4944682 Sys Imp
- 1 oz Whole Peeled Carrots #1299783 Impfrsh
- 1 oz Asparagus #2161727 Sys Imp
- 1 oz Mushroom Whole #0325449
- 1 tb Fresh Italian Parsley #2058972 Impfrsh
- 1 oz Lobster Meat #1488739 Portimp

PROFIT:
\$10.39

Suggested Sell 14.99
Raw Cost 4.60

ENJOY A SLICE FROM THE BAR 3.99

Brisket & Zucchini Ragu

Shaved parmesan & Smoked Gouda

PROFIT

\$ 2.65

Gorgonzola, Pear & Truffle Onions

Baby arugula & balsamic drizzle

PROFIT

\$ 2.64

Sausage Ragu & Rabe

Provolone, parmesan & fresh basil

PROFIT

\$ 2.89

Pizza Americano

Ground beef, cheddar, lettuce, tomato,
pickles & tomato aioli

PROFIT

\$ 2.87

Veggie Mediterranean

Grilled garden vegetables with Kalamata
olives, crumbled feta cheese & tzatziki drizzle

PROFIT

\$ 2.83

Infused Caprese

Lemon basil infused crust with Mozzarella
pearls, arugula, vine ripe tomato & basil olive oil

PROFIT

\$ 2.86

Pulled Thai Chicken

Five spice infused crust with sweet Thai
chili sauce topped with caramelized onions & Cheddar jack cheese

PROFIT

\$ 2.71

Simply Sicilian

Italian crust topped with ground tomatoes,
fresh basil, grated parmesan and Romano cheese.

PROFIT

\$ 2.93

Bayou Infused Shrimp

Creole infused crust topped with shrimp,
andouille sausage, tomato, bell pepper & okra with shaved
Italian cheeses add \$1

PROFIT

\$ 3.13

Blueberry & Ricotta Pie

Drizzled with Mike's Hot Honey add \$1

PROFIT

\$ 3.02

Italian Specialties

EUROPEAN IMPORTS, INC.

CHEESE • SPECIALTY FOODS • PASTRY • GAME



Icelandic Lamb offers true spring lambs, reared the way nature intended, faithfully maintained by centuries old traditions.

- Grazed in pristine wild pastures—free roaming since 874!
- Family owned & operated farms using centuries old methods.
- NO pesticides, herbicides, hormones, antibiotics or GMOs.

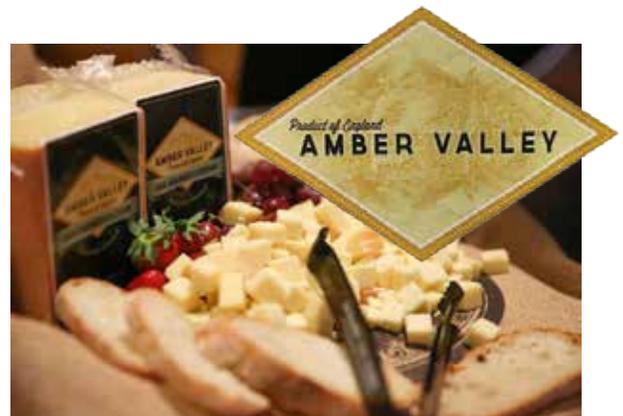


Cucina Viva



Italian Specialties

Olives • Tomatoes * Handrolled Butter • Olive Oil
Balsamic Glazes • Vinegar • Grains • Pasta • Mushrooms





Gourmet Pidy
www.pidy.com

Puff Pastry

ready to fill



A FLAVOR COMBINATION BLENDING TWO OF NATURE'S MOST UNIQUE AND DELICIOUS FOODS — HONEY AND CHILI PEPPERS.

ENJOY SATISFYING FRENCH GOODNESS

Delifrance

FABRI
1905

GRAFTON VILLAGE
C H E E S E



LaBelle Farms
Foie Gras Slices



Brazilian Roast Culotte Steak

Served with vine ripe tomato salad and cotija-crusted yucca fries.

Ingredients:

- 1 ea Steak Sirloin Culotte #0206656 Cabbhnp
- 1 ts Tanzanian BBQ Rub (see seasoning blend on page 37)
- 4 oz Fresh Heirloom Tomato #8709000
- 5 oz Yucca Fries Appetizer #4333050 Tio Jorge
- 1 tb Cotija Cheese #2370153 Casasol

PROFIT:
\$14.57

Suggested Sell 21.99
Raw Cost 7.42



Cherry-Chipotle Roasted Sirloin Flap

Served with with grilled corn bread and barbecued black eyed peas.

Ingredients:

- 7 oz Beef Sirloin Flap #1274093 CAB
- 1 tb Dried Cherries #7102205 Sys Imp
- 1 oz Chipotle Pepper #1391069 Embassa
- 1 ea Corn Bread #6622496 Baknjoy
- 4 oz Blackeye Peas #4114088 Sys Cls
- 2 oz Golden BBQ Sauce #3369473 Swtbaby



PROFIT:
\$15.06

Suggested Sell 19.99
Raw Cost 4.93



Hickory-Grilled Ribeye Putter Steak

Char-grilled bone-in ribeye steak, hickory-grilled with shaved Brussels sprouts and bacon sauté.

Ingredients:

- 1 ea Bone-In Frenched Ribeye Steak #1276460
- 4 oz Fresh Brussels Sprouts #2697985
- 1 oz Layflat Bacon #2153427 Hormel
- 1 oz Diced Yellow Onion #5905013 Impfrsh

PROFIT:
\$27.86

Suggested Sell 46.99
Raw Cost 19.13



Tenderloin Flight



PROFIT:
\$17.13
Suggested Sell 23.99
Raw Cost 6.86

Seared medallions over Yukon gold smashed potatoes with scampi roasted shrimp, chimmichurri and poblano corn and tomato bacon relish.

Ingredients:

- 3 ea Steak Filet Medallions #9093026 Bhb/Npm
- 5 oz Deluxe Mashed Yellow Potato #3009998 Sys Cls
- 1 ea White Shrimp 16/20 #4934547 Prm Gld
- 1 tb Garlic Spread #5975016 Arezzio
- 1 oz Fresh Cilantro #2219095 Impfrsh
- 1 oz Roasted White Corn & Pepper Vegetable Blend #3617549 Sys Sup
- 1 tb Fresh Diced Tomato #1371012
- 1 tb Real Bacon Bits #2548162 Arezzio



Bulgogi Steak Tips

Tender sirloin tips in sticky bulgogi glaze with peppers, onions and jasmine rice.

Ingredients:

- 8 oz Fresh Steak Filet Tips #0595946 Bhb/Npm
- 3 oz Liquid Bulgogi Marinade #2408890 Monkth
- 2 oz Slivered Yellow Onion #4160784 Impfrsh
- 2 oz Assorted Tri-Color Peppers #1121474
- 4 oz Thai Jasmine Rice #0818047 Jade Mt



PROFIT:
\$11.02
Suggested Sell 15.99
Raw Cost 4.97



PROFIT:
\$21.74
Suggested Sell 36.99
Raw Cost 15.25



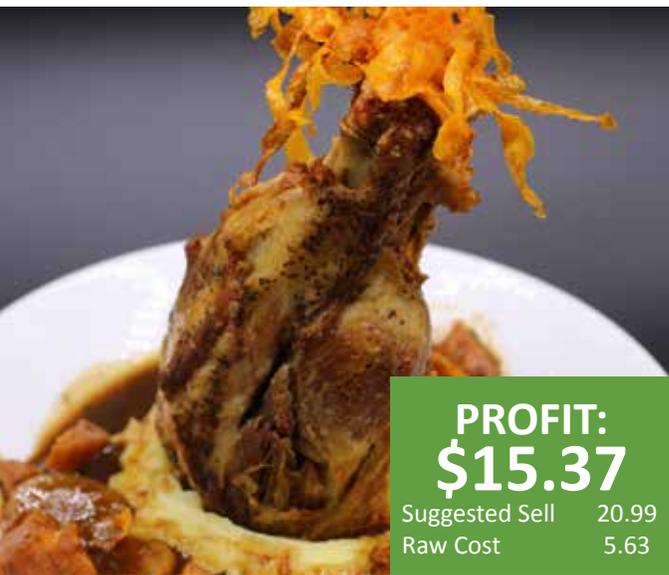
Ribeye Heart

Char-grilled ribeye heart over wild mushroom risotto with fresh vine ripe tomato bruschetta.

Ingredients:

- 1 ea Ribeye Steak Filet #5496359 Cabbhnp
- 3 oz Italian Superfino Arborio Rice #2145985 Arezzio
- 2 oz Finely Diced Fresh Mushrooms #5105212 Monterey
- 1 oz Heavy Cream #6935464 Whlfcls
- 2 tb Grated Parmesan Cheese #4066845 Arezimp
- 2 oz Tomato Bruschetta with Olive Oil #6530448 Arezzio

ENTRÉES



Crispy Pork Shank Gremolata

White Marble Farms slow-cooked pork shank over Yukon gold mashed potatoes in a rich rosemary glaze.

Ingredients:

1 ea Pork Leg Shank B/I Hind #0942999 Wtmrbls
 .25 cp Glace Demi Veal Elite #5954755 Culint
 2 oz Yellow Onion #8313918 Impfrsh
 2 oz Fresh Carrot #1167261
 1 ts Chicken Soup Base #2916427 Sys Imp
 1 tb Fresh Rosemary #2004844
 1 cp Cooked Mashed Yukon Gold Potatoes #3009998 Sys Cls
 1 oz Gremolata

PROFIT:
\$15.37

Suggested Sell 20.99
 Raw Cost 5.63

Classic Seared Ahi Tuna Nicoise

Ingredients:

4 oz Yellow Fin Tuna Saku 12-14 Block #3269905 Emprchc
 .25 ea Fresh Bibb Lettuce #3763065 Ct Grwn
 2 oz Trimmed Fresh Green Beans #1810910 Impfrsh
 1 oz Roasted Red Cherry Tomatoes #7022200 Cucin V
 1 oz Kalamata Olives #5429766 Sys Imp
 1 ea Whole Peeled Hardboiled Egg #6652214 Whlfcls
 2 oz Assorted Fingerling Potatoes #8431353
 2 tb Champagne Vinaigrette Dressing #2460057 Marzetti



PROFIT:
\$12.18

Suggested Sell 16.99
 Raw Cost 4.81



Classic New York Sirloin

Served with honey soy mushrooms and charred asparagus.

Ingredients:

1 ea Center-Cut Strip Steak #7980734 Cabbhnp
 4 oz Fresh Asparagus #4418752
 2 oz Whole Mushrooms #0325449
 6 oz Assorted Fingerling Potatoes #8431353
 1 tb Aged Shoyu Soy Sauce #5271665 Myrons
 1 ts Pure Clover Honey #4361432 Sys Cls

PROFIT:
\$15.74

Suggested Sell 28.99
 Raw Cost 13.24



Veal Scallopini

Grilled veal scallopini with vine ripe tomato, cucumber and long stem artichokes in a light oregano and lemon drizzle.

Ingredients:

- 7 oz Fresh Veal Leg #4850168 Marcho
- 3 oz Fresh Heirloom Tomato #1221191
- 1 ea Whole Long Stem Artichoke #3291111 Viaggio
- 1 oz Fresh English Cucumber #7006127
- 1 ts Fresh Oregano #2005346 Impfrsh
- 2 tb Lemon Vinaigrette Dressing #3895949 Marzetti



PROFIT:
\$12.38

Suggested Sell 18.99
Raw Cost 6.61

SRF | 極
SNAKE RIVER FARMS
AMERICAN WAGYU BEEF

BUCKHEAD
Pride™

#6369247 2/12 LB SRF AM KOBE STYLE LOIN 0x1
#5865268 2/12 LB SRF AM KOBE STYLE CHUCK FLAT IRON
#7039944 37 LB SRF AM KOBE STYLE ZABUTON (CHUCK SHORT RIB)

ENTRÉES



Skate with Capers & Asparagus

Skate filets and fresh asparagus topped with lemon sauce, Italian parsley and capers.

Ingredients:

8 oz Skate Filet Wings #4236158 Red's Best
 4 tb White Rice Flour #0812354 Produc
 3 tb Juice Lemon #3865649 Sys Nat
 1 tb Imported Nonpareil Capers #5535687 Intlmp
 2 tb Salted Butter USDA AA #5925987 Whlfimp
 1 tb Italian Parsley #1814007 Impfrsh
 3 oz Fresh Asparagus #4418752

PROFIT:
\$13.57

Suggested Sell 17.99
 Raw Cost 4.42

Sweet Potato & Black Bean Enchilada

Diced sweet potatoes with roasted corn and vegetables and melted cotija cheese, rolled in white corn tortillas and topped with yogurt and pico de gallo.

Ingredients:

1 cp Diced Fresh Sweet Potato #4811085 Sys Imp
 .25 cp Roasted White Corn & Peppers Vegetable Blend #3617549 Sys Sup
 4 tb BlackBeans #5844220 Casasol
 1 ts Chipotle Pepper Adobo Sauce #5757091 Embassa
 .5 cp Whole Tomatillos #6004550 Casasol
 1 tb Fresh Pico De Gallo Salsa #6530091
 2 tb Nonfat Plain Greek Yogurt #4123764 Chobani
 3 tb Cheese Cotija #2370153 Casasol
 5 ea 4.5in White Corn Tortillas #1970896 Mission



PROFIT:
\$7.56

Suggested Sell 8.99
 Raw Cost 1.43



Tuna Poke

Ingredients:

4 oz Yellowfin Tuna Saku 12-14 oz #3269905 Emprchc
 1 tb Premium Teriyaki Sauce #5303417 Myrons
 .25 ea Fresh Hass Avocado #6686679 Impfrsh
 1 tb Green Onion #7350788 Impfrsh
 3 oz 5 Way Grain Blend #4438911 Pathlif
 1 ts Pickled Ginger Sushi Shoga #6488142
 .5 oz Seaweed Salad Wakami #5131131

PROFIT:
\$8.82

Suggested Sell 12.99
 Raw Cost 4.17



Tanzanian BBQ Seasoning Blend

This distinctive Ethiopian spice blend brings a warm fragrant heat to stews and meats, as well as lentils and veggies. Featuring robust McCormick spices like cinnamon, ginger and paprika, it's great to have on hand for dishes like our Tanzanian BBQ ribs and All-Natural Pork Chop.

Ingredients:

- 3 tb Paprika #5229208
- 1 tb Sea Salt #4723581
- 2 ts Ground Allspice #5228275
- 2 ts Ground Cinnamon #5228630
- 2 ts Ground Coriander #5228671
- 2 ts Ground Ginger #4827832
- 2 ts Onion Powder #5229125
- 2 ts Ground Red Pepper #9806423
- 1 ts Ground Black Pepper #9806415
- 1 ts Ground Cardamom #8932765



Tanzanian BBQ Ribs

Dry-rubbed BBQ ribs with toasted cousous and stewed collard greens.

Ingredients:

- 1 ea Pork Loin Rib Bck 2.75Dn #5876566 Wtmrbls
- 1 ts Tanzanian BBQ Seasoning Blend
- 4 oz Fresh Collard Greens #0614202 Ct Grwn
- 1 oz Bacon Ends & Pieces #3209653 Rnchgrl
- 1 oz Diced Onion Yellow #5905013 Impfrsh
- 2 oz Couscous #3616570 Intlmp
- 1 ts Grill Mate Vegetable Seasoning #6297166 McCorm



PROFIT:
\$15.41

Suggested Sell 23.99
Raw Cost 8.58



PROFIT:
\$14.47

Suggested Sell 18.99
Raw Cost 4.52



Berbere-Spiced "All Natural" Pork Chop

Served with seasoned potato planks and apple-jicama slaw.

Ingredients:

- 1 ea Center-Cut Pork Loin Rack #2590032 Wtmrbls
- 1 ts Tanzanian BBQ Seasoning Blend
- 5 oz Crispy Flat Potato Fries #5092053 Sys Imp
- 3 oz Granny Smith Apple #2898940
- 2 oz Fresh Jicama Root #1079193
- 1 ts Fresh Thyme #2005296 Impfrsh
- 2 tb Lemon Vinaigrette Dressing #3895949 Marzeti
- .5 oz Red Onion #1094663 Impfrsh

ENTRÉES



Seared Scallops

Served over quinoa hash cake with carrot citrus coulis.

Ingredients:

- 5 ea Sea Scallops Dry 10/20 #7056724 Portfsh
- 6 oz Red Quinoa Spinach Potato Hash Brown #4111249 Pathlif
- 1 oz Orange Juice Concentrate #2072536 Sys Imp
- 3 oz Diced Carrots #3960358
- 3 oz Extra Virgin Olive Oil #4497301

PROFIT:
\$15.79

Suggested Sell 21.99
Raw Cost 6.20

Thai Curry Coconut Mussels

Served with tomato, green onion and andoullie sausage in a creamy Thai coconut broth.

Ingredients:

- 1 ea Whole Shell Mussels 23-29C #4821500 Panpesc
- 2 oz Mexican Chorizo Link Sausage #1190693 Rose
- 2 oz Diced Fresh Tomato #1371012
- 2 tb Onion Green #7350788 Impfrsh
- 1 oz Thai Red Curry Sauce #0647343 Myrons
- 1 ea Round Caramelized Onion Naan Bread #5075977 Bkrsimp
- 4 oz Unsweetened Coconut Milk #1425982 Jade Mt



PROFIT:
\$9.29

Suggested Sell 12.99
Raw Cost 3.70



Shrimp Bahn Mi Bowl

Wild-caught domestic shrimp, pickled carrots, cucumber, fresh cilantro and sliced jalapeños over ancient five grain medley drizzled with mango-habanero drizzle.

Ingredients:

- 5 ea White Shrimp Gh 16/20 #4934547 Prm Gld
- 4 oz Korean BBQ Quinoa Vegetable Blend #4438956 Pathlif
- 1 oz Organic Shredded Rainbow Carrots #3289446
- 1 oz Fresh English Cucumber #7006127
- 2 tb Fresh Cilantro #2219095 Impfrsh
- 1 oz Fresh Jalapeno Pepper #1185156 Impfrsh
- 2 oz Sauce Mango Habanero Wing Glaze #3370386 Swtbaby
- 2 oz Fresh Mixed Medley #3342965 Impfrsh

PROFIT:
\$15.89

Suggested Sell 19.99
Raw Cost 4.10



Pan-Seared Chicken Thighs with Dried Cherries

All natural chicken thighs pan roasted with sweet cherry glaze over sweet and sour red cabbage.

Ingredients:

- 2 ea Boneless Chicken Thighs #1145283 Sys Cls
- 2 tb Dried Cherries #7102205 Sys Imp
- 3 oz Classic Veal Demi Glace #2511475 Culinrt
- 1 tb Black Cherry Preserves #1656620 Hero
- 4 oz Red Cabbage Shredded #6517270 Impfrsh
- 1 oz Seasoned Japanese Rice Vinegar #4086195 Intlslp
- 1 tb Granulated Sugar #2926727 Sys Cls

PROFIT:
\$11.10

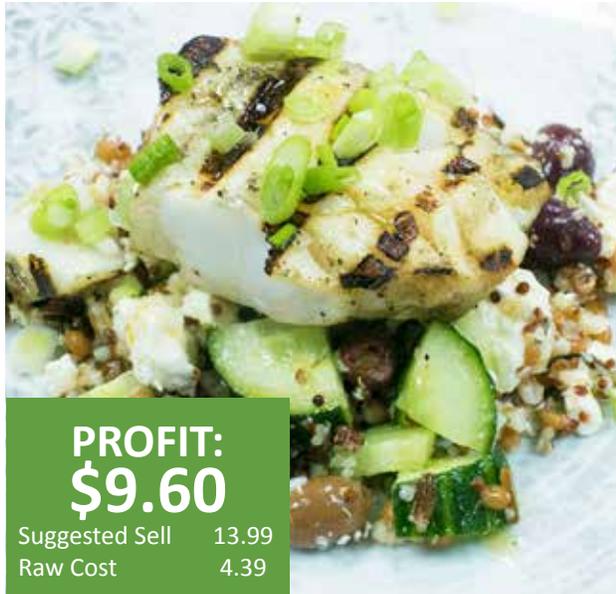
Suggested Sell 14.99
Raw Cost 3.89

Greek Style Long Line Cod

Grilled cod filet over Greek style ancient grains with cucumbers, olives, crumbled feta and lemon vinaigrette.

Ingredients:

- 8 oz Skinless/Boneless Cod Filet 10/12oz #2680896 Atlsprm
- 3 oz Grain Blend 5 Way #4438911 Pathlif
- 1 oz Kalamata Olives #5429766 Sys Imp
- 2 oz English Cucumber #7006127
- 2 oz Feta Cheese #9768359 Sys Imp
- 2 oz Vinaigrette Lemon Dressing #3895949 Marzetti



PROFIT:
\$9.60

Suggested Sell 13.99
Raw Cost 4.39



Seared Duck Breast

Maple Leaf Farms crispy duck breast over house made tabouleh.

Ingredients:

- 1 ea Skin-on Duck Breast #3597978 Maplelf
- 3 oz Quinoa & Bulgar Grain Mix #2212890 Pedon
- 1 cp Fresh Parsley #1814013 Impfrsh
- 1 oz Red Onion #2175339 Impfrsh
- 1 ea Fresh Lemon #2252039 Relfrsh
- 2tb Extra Virgin Olive Oil #0255941 Corto

PROFIT:
\$16.32

Suggested Sell 25.99
Raw Cost 9.67

Streamline Your Restaurant With Higher Profits & Faster Table Turns



SOLUTIONS FOR THE ENTIRE DINING EXPERIENCE

CAKE Point of Sale + CAKE Guest Manager are designed exclusively for the foodservice industry. Our intuitive, easy-to-use technology platform has every feature you need for your restaurant to succeed.



INTUITIVE DESIGN JUST FOR RESTAURANTS

Fully customized for you – with tools that boost profits and productivity.



MAKE INFORMED DECISIONS

Real time reports let you know what's working – and what isn't.



TURN TABLES FASTER & REDUCE WALK-AWAYS

Speedier service, shorter waits, & improved efficiency



Kale Pesto-Encrusted Rack of Lamb

Wild Icelandic lamb with whole grain mustard, merlot glaze and roasted tri-color baby carrots.

Ingredients:

- .5 ea Rack of Lamb #7022561 Wildice
- 2 tb Kale Pesto Sauce #4711598 Carlas
- 2 oz Veal Demi Glace #2511475 Culinrt
- 2 tb French Whole Grain Mustard #4064986 Intlmp
- 2 oz Peeled Tri-Color Baby Carrots #7680291
- 5 oz Assorted Fingerling Potatoes # 8431353

PROFIT:
\$20.64

Suggested Sell 32.99
Raw Cost 12.35



Blue Cheese, Honey & Rosemary Chicken

Ingredients:

- 5 oz Organic Chicken Breast 5 oz #4837843 Coleman
- 1 tb Domestic Blue Cheese #7420060 Bbrlmp
- 1 tb Pure Clover Gr A Honey #8826893 Hsrclls
- 1 ts Fresh Rosemary #2004844 Impfrsh
- 2 oz Specialty Italian Farro Grain #2212803 Pedon
- 3 oz Tri-Color Baby Carrots #7680291
- 3 oz Fresh Standard Asparagus #4418752



PROFIT:
\$10.72

Suggested Sell 14.99
Raw Cost 4.27



Shrimp & Wild Mushrooms Sauté

Wild-caught domestic shrimp sautéed in fresh garlic and butter over a wild mushroom and asparagus ragout. Garnished with crispy prosciutto.

Ingredients:

- 6 oz White Shrimp GH 16/20 Wild USA CF #4934547 Prm Gld
- 1 cp Mushrooms #0325449
- 2 oz Fresh Asparagus #4418752
- 1 oz Prosciutto Ham #2501260 Margrta
- 2 tb Unsalted Butter USDA AA #5926910 Whlfimp
- 1 ts Chopped Garlic #7127293 Arezzio

PROFIT:
\$14.36

Suggested Sell 18.99
Raw Cost 4.63



Sweet & Spicy Cod Filet

With pickled Asian vegetables and orange ginger glaze.

Ingredients:

- 8 oz Frozen-at-Sea Atlantic Cod Filet 8-16oz #2304224 Portsims
- 2 oz Orange Ginger Sauce #7842802 Asian M
- 4 oz Power Blend Salad Mix #3817901
- 2 oz Assorted Tri-Color Peppers #1121474
- 1 oz Green Onion #7350788 Impfrsh

PROFIT:
\$10.10

Suggested Sell 13.99
Raw Cost 3.89

Maple Cardamom Salmon

Glazed Norwegian salmon filet wilted kale and fresh tomato.

Ingredients:

- 8 oz Atlantic Salmon Portion #8496341 Portsims
- 1 ts Ground Cardamon #8782765 D'Allas
- 2 tb Maple Bourbon Syrup #3796970 Crwnmpl
- 4 oz Fresh Shredded Green Kale #1894387 Impfrsh
- 2 oz Diced Fresh Tomato #1371012



PROFIT:
\$16.36

Suggested Sell 22.99
Raw Cost 6.63



Stir-Fried Squid

Served with assorted Asian vegetables and bean sprouts finished with aged shoyu.

Ingredients:

- 8 oz Calamari Rings and Tents #3984982 Portimp
- 2 oz Assorted Tri-Color Peppers #1121474
- 3 oz Power Blend Salad Mix #3817901
- 1 oz Green Onion #7350788 Impfrsh
- 3 oz Fresh Bean Sprouts #1061555
- 3 oz Sesame Garlic Sauce #7846292 Asian M

PROFIT:
\$11.89

Suggested Sell 15.99
Raw Cost 4.10



Citrus-Glazed Salmon

Gulf of Maine salmon with citrus carrot glaze roasted summer vegetable and fingerling potatoes.

Ingredients:

- 7 oz Gulf of Maine Skin-On Salmon Filet #4037349 Redbest
- 2 oz Power Blend Salad Mix #3817901
- 3 tb Orange Juice Concentrate #2072536 Sys Imp
- 2 oz Squash Yel Med/Lrg Fresh #1654409
- 2 oz Squash Zucchini Fresh Medium #1602556
- 5 oz Assorted Fingerling Potatoes #8431353
- .25 ea Fresh Lemon #2252039 Relfrsh

PROFIT:
\$16.43

Suggested Sell 21.99
Raw Cost 5.56



THE BORO BURGER

The Boro Burger is a Burger with an Attitude. An intense flavor that doesn't stop till the last bite. Made with our Premium Blend of Brisket, Chuck and Short Rib this hearty burger will give your customers what they have come to expect, the very best.

SUPC	Item Description	Pack Size
4634461	Boro Burger 8oz Special Blend Burger Brisket, Chuck and Short Rib	20/8 oz
4634477	Boro Burger 6oz Special Blend Burger Brisket, Chuck and Short Rib	27/6 oz
4634434	Boro Burger Bulk Special Blend Brisket, Chuck and Short Rib	2/5 lb



Please note: restaurants must have permission from Certified Angus Beef LLC to identify the *Certified Angus Beef*® brand, or use its trademarks, on the menu.

ENTRÉES



Faroe Islands Salmon Filet

Seared all natural salmon filet with pan fried sweet plantains and mango habanero drizzle.

Ingredients:

8 oz Atlantic Salmon Filet #4762918
 7 oz Frozen Sweet Sliced Plantains #9096033 Big Ban
 2 oz Mango Habanero Wing Glaze #3370386 Swtbaby

PROFIT:
\$16.80

Suggested Sell 21.99
 Raw Cost 5.19

BBQ Pulled Pork Crepe

Slow-cooked pulled pork with fresh pico de gallo and cheddar jack cheese rolled in a delicate French pastry and drizzled with BBQ sauce and green onion.

Ingredients:

5 oz BBQ Smoked Pulled Pork #7755572 Rich's
 2 oz Mild Shredded Yellow Cheddar Cheese #2819656 Casasol
 1 ea Large 33cm French Crepe #7031108 Chicpat
 3 tb Original BBQ Sauce #4602732 Sys Imp
 2 tb Fresh Pico De Gallo Salsa #6530091
 2 tb Sour Cream #1203207 Whlfcls
 .25 oz Green Onion #7350788 Impfrsh



PROFIT:
\$9.65

Suggested Sell 12.99
 Raw Cost 3.34



Short Rib Shepherd's Pie

Certified Angus Beef® short rib shepherd's pie with roasted corn, peppers, onions and Yukon gold smashed potato crust.

Ingredients:

6 oz Cooked Boneless Beef Chuck Short Rib #6335485 CAB
 2 oz Roasted White Corn & Pepper Vegetable Blend #3617549 Sys Sup
 8 oz Deluxe Cooked Mashed Yellow Potatoes #3009998 Sys Cls

PROFIT:
\$10.93

Suggested Sell 14.99
 Raw Cost 4.06



Grilled Lamb Sirloin with Cilantro Pesto

Ingredients:

- 8 oz Boneless Lamb Loin #7022566 Wildice
- 2 tb Chopped Garlic in Olive Oil #4268516 Sys Cls
- 2 tb Fresh Rosemary #2004810 Impfrsh
- 1 tb Coarse Kosher Salt Flakes #6040760 Sys Cls
- 1 ea Fresh Lemon #2252013 Relfrsh
- 1 ts Coarse Ground Black Pepper #5229281 Imp/Mcc
- 3 tb Sauce Pesto Cilantro Greenleaf #5089911 Minor

PROFIT:
\$19.95

Suggested Sell 31.99
Raw Cost 12.04

Seared Hake

Seared hake filet in a summer vegetable puttanesca.

Ingredients:

- 8 oz Fresh Skinless Hake Filet #2018723 Redbest
- 3 oz Fresh Zucchini #1602556
- 1 oz Fresh Snow Peas #1008382
- .5 oz Green Onion #7350788 Impfrsh
- 2 oz Italian Olive Oil Mix #5012091 Arezzio
- 1 oz Roasted Red Cherry Tomatoes #7022200 Cucin V
- 2 tb Blackberry Peppercorn Vinaigrette Dressing #4626543 Sys Imp



PROFIT:
\$14.84

Suggested Sell 18.99
Raw Cost 4.15



Shrimp Saltimboca

Prosciutto wrapped shrimp saltimboca over pappardelle pasta with wilted spinach and marsala cream.

Ingredients:

- 6 ea White Shrimp P&D Tail-On 21/25 #6734939 Portcls
- 1 oz Sliced Prosciutto Ham #5568583 Cittero
- 3 oz Pappardelle Egg Pasta #3304193 DeCecco
- 3 oz Clipped Fresh Spinach #1675925 Impfrsh
- 3 oz Heavy Cream #6935464 Whlfcfs
- 1 oz Marsala Wine Cooking #1072263 Roland
- 2 tb Grated Parmesan #4066845 Arezimp

PROFIT:
\$14.59

Suggested Sell 18.99
Raw Cost 4.40



David's[®] Cookies

a bite above the rest.[®]

Large, 6 oz premium muffins with great flavor and texture. Fully baked in decorative paper muffin cups—just thaw and serve. Nine delicious varieties packed in 12 count cases.

- #7614387 Blueberry
- #7697826 Chocolate Cheese
- #7673393 Corn
- #7994563 Apple Streusel
- #7614502 Harvest Heathy
- #7697806 Berry Mountain
- #7805114 Red Velvet
- #1524349 Pistachio
- #1524315 French Toast

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Our Order Line specialists focus on fast response, friendly service and knowledgeable answers.



Blueberry Lemon Muffin Sundae

A yogurt-filled parfait muffin, topped with lemon sorbet and fresh blueberries.

Ingredients:

- 1 ea Lemon Blueberry Muffin with Yogurt #5075546 Bkrsimp
- 2 oz Blueberry Yogurt #9904079 Dannon
- 1 oz Lite Real Whipped Cream #4903269 Rediwhp
- 2 oz Lemon Sorbet #2238374 Soco
- 2 tb Fresh Blueberries #1254390

PROFIT:
\$3.75

Suggested Sell 5.99
Raw Cost 2.24

Strawberry Rhubarb Muffin Shortcake

A strawberry muffin filled with rhubarb yogurt and topped with whipped cream and strawberries.

Ingredients:

- 1 ea Strawberry Rhubarb Muffin with Yogurt #5075552 Bkrsimp
- 1 oz Lite Real Whipped Cream #4903269 Rediwhp
- 3 oz Fresh Strawberries #6235501



PROFIT:
\$4.09

Suggested Sell 5.99
Raw Cost 1.90

Pump Up Your Breakfast & Snack Time Offerings!

With real fruit, yogurt and granola, these mashup muffins from Baker's Source Imperial have the characteristic of a parfait. They're baked to deliver the perfect texture and taste, using the finest ingredients including real buttermilk and fresh eggs.

Baker's
source

Blueberry Lemon
24 / 4 OZ SUPC #5075546

Strawberry Rhubarb
24 / 4 OZ SUPC #5075552

DESSERTS



Blackberry Peppercorn Strawberry Cheesecake

Classic New York style cheesecake with blackberry peppercorn strawberries.

Ingredients:

- 1 ea Clean NY Vanilla Cheesecake #4920027 Sys Imp
- 3 oz Fresh Strawberries #6235501
- 2 tb Blackberry Peppercorn Vinaigrette Dressing #4626543 Sys Imp

PROFIT:
\$3.57

Suggested Sell 5.99
Raw Cost 2.42



SYSCO IMPERIAL

Clean Cheesecake

ON TREND
Cheesecake



Raspberry Swirl

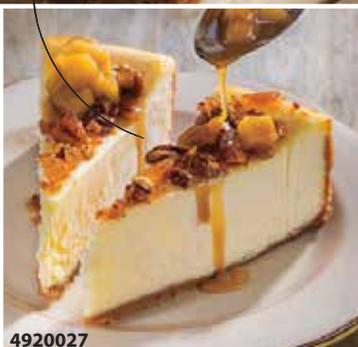


New York Vanilla

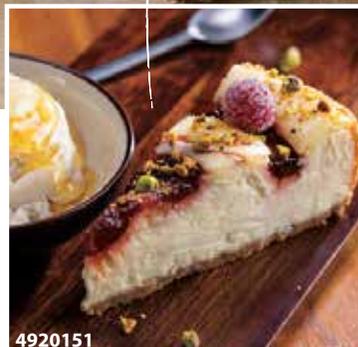


Chocolate

Confidently serve Sysco Imperial Clean Cheesecakes made without artificial ingredients, as you would bake them in your own kitchen – but without the time and labor. Available in consumer-favorite flavors of Vanilla, Chocolate, or Raspberry Swirl, these classic desserts can be enjoyed straight out of the box or garnished.



4920027



4920151



4920140

Now Available at Sysco Connecticut



6 LB CANNOLI CREAM

Whole milk ricotta impastata blended together with pure cane sugar, mini chocolate morsels, along with a blend of spice and natural flavors.
4 - 1.5 lb. pastry bags - 6 lbs per case
SUPC CODE: 7105699

CANNOLI SHELLS

Handmade cannoli shells that are deep-fried to crisp perfection, with a hint of cinnamon, vanilla and other natural flavors.



LARGE SHELLS

48 - 0.8 oz
SUPC CODE: 7105673



MINI SHELLS

120 - 0.3 oz
SUPC CODE: 7105812



LARGE CHOCOLATE SHELLS

Cannoli shells coated with a rich layer of chocolate inside and out.
48 - 1.45 oz SUPC CODE: 7105858



LIMONCELLO MASCARPONE CAKE

Our luscious 10 inch Mascarpone cake is a rich combination of lemon-infused sponge cake along with a lemon Mascarpone cream filling; finished with European white chocolate shavings. A refreshingly light, creamy dessert with the perfect combination of sweet and tart.

1 - 3.50 lb cake per case - yield 14 - 4.0 oz. servings
SUPC CODE: 2655338

TIRAMISU CAKE

A luxurious Italian dessert made with espresso-soaked savoiardi cookies covered in a special mascarpone cheese mixture and finished with Dutch cocoa.

CAKES

1 - 2.53 lb cake per case - yield 28 - 2.9 oz. servings
SUPC CODE: 2973622

TRAYS

2 - 4.25 lb trays per case - yield 30 - 4.6 oz servings
SUPC CODE: 7105897



DESSERTS



FRESH New Brands

Same great quality and reliability.

Sysco brands are changing. With a strong focus to make food labeling cleaner and clearer, our products will soon look as good on your shelf as they do on the plate.

Even with all of these great new changes, there is one thing that will never change. Sysco Brands will always deliver the **quality, consistency and value** you've come to rely on.

